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425, CHEETHAM HILL ROAD, MANCHESTER, M8 0PF, 0161 205 6662, www.khizramosque.org

Zawal	Isha عشاء		Maghrib مغرب	Asr عصر		Zuhr ظهر		Sunrise	Fajr فجر		APR 2025		
	Jamaat	Start		Jamaat	Start	Jamaat	Start		Jamaat	Start	Day	Hijri	Date
1.08	9.30	9.06	7.45	6.00	5.38	2.00	1.18	6.45	5.45	5.04	MON	1	31
"	"	9.08	7.47	"	5.41	"	1.18	6.43	"	5.02	TUE	2	1
"	"	9.10	7.49	"	5.42	"	1.18	6.42	"	5.00	WED	3	2
"	"	9.11	7.51	"	5.43	"	1.18	6.41	"	4.58	THU	4	3
"	9.40	9.13	7.53	6.10	5.44	1.30/2.30	1.18	6.39	5.30	4.56	FRI	5	4
"	"	9.15	7.55	"	5.45	2.00	1.18	6.36	"	4.54	SAT	6	5
"	"	9.16	7.56	"	5.46	"	1.18	6.34	"	4.52	SUN	7	6
"	"	9.18	7.58	"	5.47	"	1.18	6.31	"	4.50	MON	8	7
"	"	9.20	8.00	"	5.48	"	1.18	6.29	"	4.49	TUE	9	8
"	"	9.22	8.02	"	5.49	"	1.18	6.27	"	4.47	WED	10	9
"	"	9.24	8.04	"	5.50	"	1.18	6.24	"	4.44	THU	11	10
1.07	9.50	9.26	8.06	6.20	5.51	1.30/2.30	1.17	6.21	5.15	4.41	FRI	12	11
"	"	9.27	8.07	"	5.52	2.00	1.17	6.19	"	4.39	SAT	13	12
"	"	9.29	8.09	"	5.53	"	1.17	6.16	"	4.37	SUN	14	13
"	"	9.31	8.11	"	5.54	"	1.17	6.14	"	4.34	MON	15	14
"	"	9.32	8.12	"	5.55	"	1.17	6.12	"	4.32	TUE	16	15
"	"	9.34	8.14	"	5.56	"	1.17	6.09	"	4.29	WED	17	16
"	"	9.36	8.16	"	5.57	"	1.17	6.07	"	4.27	THU	18	17
"	10.00	9.38	8.18	6.30	5.59	1.30/2.30	1.17	6.05	5.00	4.25	FRI	19	18
"	"	9.40	8.20	"	6.00	2.00	1.17	6.03	"	4.23	SAT	20	19
"	"	9.42	8.22	"	6.02	"	1.17	6.01	"	4.21	SUN	21	20
1.06	"	9.43	8.23	"	6.03	"	1.16	5.59	"	4.19	MON	22	21
"	"	9.45	8.25	"	6.04	"	1.16	5.57	"	4.16	TUE	23	22
"	"	9.47	8.27	"	6.05	"	1.16	5.55	"	4.14	WED	24	23
"	"	9.49	8.29	"	6.06	"	1.16	5.52	"	4.12	THU	25	24
"	10.15	9.51	8.31	6.30	6.07	1.30/2.30	1.16	5.50	4.45	4.10	FRI	26	25
"	"	9.53	8.33	"	6.08	2.00	1.16	5.48	"	4.08	SAT	27	26
"	"	9.54	8.34	"	6.10	"	1.16	5.46	"	4.06	SUN	28	27
"	"	9.56	8.36	"	6.11	"	1.16	5.43	"	4.04	MON	29	28
"	"	9.58	8.38	"	6.12	"	1.16	5.41	"	4.02	TUE	30	29
"	"	10.00	8.40	"	6.13	"	1.16	5.39	"	3.59	WED	1	30

We will have 2 Jumah prayers with start for Salah time at 1.30pm & 2.30pm. Please be on time

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KHIZRA MOSQUE NEWSLETTER & ACTIVITIES



We recently hosted a diabetes awareness stall around Jummah Friday prayers to engage the community in discussions about health and wellbeing. The response was outstanding from both the young and older community, with many keen to share their views on prevention and support. The information gathered will help improve services and develop better strategies to prevent diabetes. By promoting proactive health management, we aim to enhance community wellbeing and reduce future cases.

Amazing Turnout for 'Safer and Healthier Ramadhan' Health Talks & Checks
Over the weekend, Khizra Mosque hosted the 'Safer and Healthier Ramadhan' health talks and checks, and the response was incredible! Brothers and sisters from the community came together to gain valuable advice and guidance on maintaining good health during the blessed month.

The session covered essential topics such as healthy eating, hydration, and managing existing health conditions while fasting. Attendees also had the opportunity to receive free health checks, ensuring they are well-prepared to enjoy a safe and healthy Ramadhan.

Supporting Our Community with Food Parcels

Last week, our dedicated volunteers prepared food parcels for the local community as part of our ongoing food bank project, ensuring support for those in need. During Ramadan, we distributed essential food items to help families, and we will be providing more food packs before Eid to ensure everyone can celebrate without hardship. This vital initiative is only possible through your generous support. If you'd like to contribute and help make a difference, please consider donating using the reference: Needy Families.

Donate here: <https://www.khizramosque.org/donations/>
JazakAllah Khair for your kindness and support in making a positive impact.

OUR BANK DETAILS TO MAKE A DONATION - RBS Acc Name: Khizra Mosque UKIM Sort Code: 83-04-25 Acc Number: 19337573

Days	Time	Activity
Monday	10:00 AM	Women's Walking, Exercise
	11:30 AM	Women's Indoor Cycling, Coffee Morning
	12:00 PM	Women's Explore Food (Cooking)
	6:00 PM	British Taekwondo
Tuesday	10:00 AM	Mother & Toddler Group, Exercise
	10:30 AM	Women's Tajweed Class
	5:00 PM	Drama Class (Under 11s)
	6:45 PM	Girls Youth Club
Wednesday	10:00 AM	Women's Physical Activity Referral
	10:30 AM	Women's Tajweed Class
	11:00 AM	Physical Activity Referral (All)
	1:00 PM	Men's Explore Food (Cooking)
	5:00 PM	Learn to Cycle- For all ages
	6:45 PM	Boys Youth Club (12 & Under)
Thursday	10:00 AM	Women's Study Circle & Tajweed (Urdu)
	12:30 PM	Talk English Class
	1:15 PM	Community Walk
	6:45 PM	Boys Youth Club (12 & Under)
	6:45 PM	Lancashire Cricket (Over 11s)
Friday	1:30 PM	Community Get-Together & Gym
	2:30 PM	Men's Social Club & Chai
	5:00 PM	Inclusive Session (SEND)
	6:45 PM	Boys Youth Club (12 & Over)
Saturday	2:00 PM	Girls Under 12 Football
	2:00 PM	Boys Football Academy (Cheetwood 3G)
	2:00 PM	Community Gardening & Advice
Sunday	9:30 AM	Men's Gym, Cycling & Walking
	10:30 AM	Khizra Cricket Academy (8 & Under)
	1:45 PM	Under 12's Boxing
	7:30 PM	Men's Study Circle (Urdu)

SPOTLIGHT ON FEATURED EVENTS

OTHER ACTIVITIES

- Table and chairs hire
- Filtered water bottle
- Reverts Get together
- Bike Library-Hire
- Laptop Hire
- Football hire
- Blood Pressure Checks
- Bowel Cancer advice & support.
- Emergency Food Parcels
- Sign Posting Service

Follow us on X | Follow us on Facebook | Register to volunteer | Make a donation | Join us on WhatsApp | Listen to us online (Android) | Listen to us online (iPhone) | Follow us on social media or scan the QR codes to access the relevant links

Tel: 0161 205 6662 between 9am and 6.30pm or weekends 11.30am to 1.30pm or email info@khizramosque.org